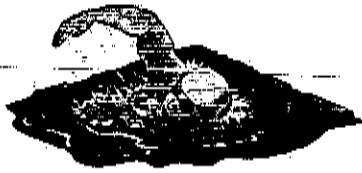


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EASTERN MASTERS SWIMMING CLUB

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RESULTS 6 HOUR RELAY GALA – HILLCREST POOL – 11TH JANUARY 2014

Awesome Saturday – 18 teams and I think one "Ghost Team". Perhaps old age has really caught up with me. We were down on last two years. Coelacanth had 7 teams, One Pretoria Team [New Club] and one mixed Coelacanth Team. Total 9 from Pretoria. Wahoo had 5 Teams and Phoenix had 3. We had the Wahoo Teams next to us and it was great fun. Owen and Nikki started 50 meter sprints straight after the three hour cut off mark. Craig Stanton and his team took up the challenge and started 50 meter sprints as well. It was a close affair. The Wahoo winning Team consisting of Rowen, Jaco, Andre and Owen posted a distance of 26.950 kilometers and Craig Stanton's "Team Almarraig" came in 2nd with a distance of 26.750 kilometers – 200 meters between the teams. Excellent racing between the top teams. Thank you for everyone's participation in the 2014 - 6 Hour Relay Gala. Nikki Lee's Wahoo Team "Budgie Smugglers" came in 3rd posting a distance of 24.3. The Phoenix "Dynamic Divas" – Karen, Bronwyn, Carol and Justine won the All Ladies trophy posting a distance of 22.300 kilometers. Coelacanth "Team Mad Hatters" Derek, Joyce, Owen and Sue Bolt won the Handicap Trophy. Distance completed 16.650 kilometers and combined age 265 years. Well done. Sarel [80] and Gretha [82] from Coelacanth did a couple of lengths with the Stingray Team. Ann Hanson [76] in Team "Agterosse" swam +- 3 kilometers. These three swimmers were the oldest participants. E T. Stingrays one and only team did 15.800 kilometers – the best that we have done in a long time. Fantastic swimming by all – Well done. Owen Sheftz was the winner of the raffle.

RESULTS

TEAM POSITIONS	AGE	TEAM NAME	DISTANCE COVERED
1]	Owen Sheftz & Team 171	Wahoo Team 1	26.950 kilometers
	Winners of the 120+ trophy		
2]	Craig Stanton & Team 177	"Team Almarraig"	26.750 kilometers

3]	Niki Lee & Team	190	Wahoo "Team Budgie Smugglers"	24.5 kilometers
4]	Karen Kennedy Team	170	"Phoenix Dynamic Divas" Winners of the new "All ladies trophy"	22.300 kilometers
5]	Gordon Greaves Team	201	"Phoenix Happy Go Luckies"	21.700 kilometers
7]	Carol Bridges Wahoo	220	"Purple People Easters"	20.0 kilometers
8]	Gerhard Swart Snr.	200	Pretoria "Team Kabeljou"	19.400 kilometers
9]	Dave Arbuthnot	250	Coelacanth's "Crazy Cretins"	18.950 kilometers
10]	Annamarie Dressler	193	Coelacanth's "Speedy Sloths"	18.550 kilometers
11]	Angelika Sandri	206	Coelacanth's "Glamour Girls"	18.1 kilometers
12]	Kim Foster & Team	197	"Coelacanth's "The 4 F's" "Fearless, Friendship, Fun & Fitness"	16.9 kilometers
13]	Derek Fyfe	265	Coelacanth's "Mad Hatters" Winners of the Handicap Trophy	16.650 kilometers
14]	Kobus Du Plooy	250	Coelacanth's "Agterosse"	16.55 kilometers
15]	Carol Van Der Walt	227	Stingrays "Thorns & Roses"	15.800 kilometers
16]	Elaine Alder	157	Team Wahoo	15.700 kilometers
17]	Theresa Van Niekerk	199	Team "Phoenix Snails"	14.50 kilometers
18]	Koos Meyer	242	Coelacanth's "Bold & Beautiful"	13.40 kilometers

Once again Gillian Roets out did herself. Thank you Gillian for the hard work, the food was superb. Thanks Ted for selling the few beers that we had. Thank you to the tuck shop for allowing us to use their fridges. Thank you to Craig, Joyce, Derek and Coelacanth's for helping Stingrays. Thanks again to all the teams that participated. Without your support the 6 Hour would not happen. Will keep you posted on the venue for our 2015 / 6 Hour Relay Gala.

MASTERS MOTTO: FUN, FELLOWSHIP AND FITNESS – Let's keep promoting Masters Swimming in this way.

CAROL VAN DER WALT