

## South African Masters Swimming 2007-2008 Season

### Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08  
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 60-64 50 Free</b>								
1	34.15 L	F	Russell, Therese	60	DOLP WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	35.27 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
3	35.59 L	F	Jones, Anne	63	PHOE CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
4	40.76 L	F	Nel, Poppet	64	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
5	40.83 L	F	Clark, Rosemary	60	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
6	41.03 L	F	Fyfe, Joyce	60	COEL NT	2007-11-10	TMS Int Reg @ Hillcrest	
7	41.39 L	F	van Niekerk, Antoinette	60	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
8	42.68 L	F	Burger, Rita	63	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
9	42.73 L	F	Potts, Miemie	64	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
10	43.50 L	F	Angelos, Merle	62	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
11	50.79 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
12	53.90 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 100 Free</b>								
1	1:18.97 L	F	Russell, Therese	60	DOLP WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	1:21.45 L	F	Jones, Anne	63	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:31.39 L	F	Clark, Rosemary	60	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:33.86 L	F	Fyfe, Joyce	61	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	1:35.98 L	F	Nel, Poppet	64	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
6	1:40.91 L	F	Angelos, Merle	62	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
7	1:42.21 L	F	Burger, Rita	63	COEL NT	2008-03-01	GMS Interregional @ Wits Ed. Campu	
8	2:01.19 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
9	2:21.60 L	F	Cronje, Adele	62	UNAT	2008-02-14	TMS LC Champs @ Hillcrest	
<b>Women 60-64 200 Free</b>								
1	2:56.18 L	F	Russell, Therese	60	DOLP WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	3:05.74 L	F	Jones, Anne	63	PHOE CG	2008-02-16	GMS (Phoenix) @ Wits Ed Campus	
3	3:30.43 L	F	Clark, Rosemary	60	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
4	3:31.21 L	F	van Niekerk, Antoinette	60	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
5	3:33.47 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
6	3:34.22 L	F	Fyfe, Joyce	61	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
7	3:52.69 L	F	Burger, Rita	63	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
8	3:58.10 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
9	4:26.00 L	F	vd Walt, Carol	60	ETSM ES	2008-02-14	TMS LC Champs @ Hillcrest	
10	4:30.35 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
11	4:44.13 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 400 Free</b>								
1	6:27.62 L	F	Jones, Anne	63	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	6:53.30 L	F	Shuttleworth, Bev	61	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	7:25.72 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
4	8:15.91 L	F	Burger, Rita	63	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	8:34.36 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
6	8:44.49 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
7	9:30.05 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 800 Free</b>								
1	13:18.44 L	F	Jones, Anne	63	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	14:11.62 L	F	Shuttleworth, Bev	61	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	15:11.27 L	F	van Niekerk, Antoinette	60	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
4	15:14.64 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
5	17:02.00 L	F	Burger, Rita	63	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
6	17:12.63 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
7	17:50.10 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
8	20:26.22 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 1500 Free</b>								
1	32:47.00 L	F	Burger, Rita	62	COEL NT	2007-09-29	TMS (Coelacanth) 1500 @ Hillcrest	

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2	53:24.00 L	F	Cronje, Adele	62	UNAT	2008-02-14	TMS LC Champs @ Hillcrest	
<b>Women 60-64 50 Back</b>								
1	43.53 L	F	Russell, Therese	60	DOLP WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	46.67 L	F	Shuttleworth, Bev	61	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	46.96 L	F	Fyfe, Joyce	61	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	47.19 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
5	48.30 L	F	Potts, Miemie	64	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
6	51.64 L	F	Angelos, Merle	63	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
7	52.31 L	F	Nel, Poppet	64	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
8	55.09 L	F	Burger, Rita	63	COEL NT	2008-02-14	TMS LC Champs @ Hillcrest	
9	1:00.86 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
10	1:02.07 L	F	Rix, Tricia	64	CPTW WP	2007-12-01	WPMSA (Cape Town) @ UWC	
11	1:13.12 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 100 Back</b>								
1	1:33.17 L	F	Russell, Therese	60	DOLP WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	1:46.37 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:48.84 L	F	Fyfe, Joyce	61	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:49.07 L	F	Jones, Anne	63	PHOE CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
5	1:51.36 L	F	van Niekerk, Antoinette	60	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
6	2:13.53 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
7	2:28.51 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
8	2:38.05 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 200 Back</b>								
1	3:33.69 L	F	Russell, Therese	60	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	3:38.51 L	F	Jones, Anne	63	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
3	3:45.90 L	F	Strong, Jenny	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
4	4:04.80 L	F	Fyfe, Joyce	61	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
5	4:05.43 L	F	Angelos, Merle	62	EACS KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
6	4:42.67 L	F	vd Walt, Carol	60	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
7	5:29.64 L	F	Smit, Jackie	60	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban	
8	6:15.62 L	F	Cronje, Adele	62	UNAT	2008-02-14	TMS LC Champs @ Hillcrest	
<b>Women 60-64 50 Breast</b>								
1	48.62 L	F	Shuttleworth, Bev	61	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	49.25 L	F	Russell, Therese	60	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
3	52.94 L	F	Potts, Miemie	64	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 100 Breast</b>								
1	1:48.35 L	F	Shuttleworth, Bev	61	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:55.01 L	F	Potts, Miemie	64	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 200 Breast</b>								
1	4:14.67 L	F	Potts, Miemie	64	ETSM ES	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 50 Fly</b>								
1	38.11 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
2	50.08 L	F	Nel, Poppet	64	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	50.13 L	F	Clark, Rosemary	60	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:10.74 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
5	1:10.83 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 100 Fly</b>								
1	1:37.97 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:55.12 L	F	Clark, Rosemary	60	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	2:49.34 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 200 Fly</b>								
1	3:55.53 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
2	6:09.84 L	F	Gray, Ann	60	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	

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2007-2008 Season**

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 60-64 200 IM</b>								
1	3:20.34 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
2	4:07.83 L	F	Nel, Poppet	64	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	5:28.84 L	F	Cable, Uschi	64	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
<b>Women 60-64 400 IM</b>								
1	7:15.57 L	F	Craig, Elsa	63	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
2	8:09.38 L	F	van Niekerk, Antoinette	60	SSHA FS	2008-03-12	SAMS 24th LC Champs @ Durban	
3	8:56.59 L	F	Rix, Tricia	64	CPTW WP	2007-12-01	WPMSA (Cape Town) @ UWC	